



**2009**  
**CANADA CUP**  
**OF INTERNATIONAL**  
**WRESTLING**  
**& TRAINING CAMP**

**SENIOR TOURNAMENT: JULY 4**  
**PRE-JR TOURNAMENT: JULY 5**

**TRAINING CAMP: JULY 6-**  
**JULY 10**

**GUELPH, ONTARIO**

[www.canadacupofwrestling.ca](http://www.canadacupofwrestling.ca)  
[www.wrestling.ca](http://www.wrestling.ca)



**EVENT DATES**

The competition will take place on July 4, 2009. An open training camp will follow from July 6-July 10, 2009.

**COMPETITION VENUE & HOTEL INFORMATION**

***Competition Venue:***

WF Mitchell Athletic Centre,  
University of Guelph, 50 Stone Rd E  
Guelph, Ontario

Accommodation will be provided for all wrestlers, coaches, referees and officials at the host hotel. Meals will be provided on a schedule to be developed by the Organizing Committee.

***Host Hotel:***

University of Guelph Residence

***Tournament/Camp Cost***  
***(without meals and Accommodations):***

**\$50** Tournament entry fee only

**\$200** Camp fee only

OR

**\$225** if participating in both tournament and camp

Meals and accommodations are available at a rate of **\$80 per day per person in the residences. This is in addition to the costs listed above.** Please contact the host committee to make arrangements.

*All Prices listed are in Canadian Funds.*

**All arrangements must be made through the Guelph Wrestling Club.** Contact [dcox@uoguelph.ca](mailto:dcox@uoguelph.ca) or phone 519-824-4120 ext. 53405.

**GROUND TRANSPORTATION & HOSPITALITY**

The 2009 Canada Cup will be held in Guelph, Ontario. Guelph is located less than one hour from Toronto, and numerous other tourist sites, including Niagara Falls.

Airport shuttles will be provided for **International teams only.** All flight information, including Flight number, time and number of people must be received no later than **June 23, 2009.** No exceptions. If it is not received by this date there will be no transportation provided.

The competition and training venue is walking distance from the hotel.

Teams must cover the cost of their airfare to Toronto or Kitchener and return.

All financial obligations must be settled with the Organizing Committee upon arrival.

**COMPETITION CONDITIONS**

Participating teams/clubs shall have a training facility at their disposal under a time schedule to be determined.

**ENTRIES**

We ask that you inform us of your intention to accept this invitation by **May 1, 2009.** We require your answer by this date to carry out the necessary planning for accommodation and other services.

Preliminary entries must be received, on the forms provided by the Organizing Committee, before **May 22, 2009.** Nominative entries must be received before **June 5, 2009.** Final entries will be expected 6 hours before the start of the weigh-in.

There is an entry fee for every athlete that participates in the tournament.

### TRAINING CONDITIONS

A Training Camp featuring the Canadian National Pre-Junior, Junior and Senior teams will take place following the Canada Cup. Teams/clubs interested in participating in this camp should contact the Canadian Amateur Wrestling Association.

A camp fee per athlete camp participation fee is to be upon registration for the camp.

### WEIGHT CLASSES

#### **Senior Men:**

55, 60, 66, 74, 84, 96, 96-120 kg

#### **Senior Women:**

48, 51, 55, 59, 63, 67, 72 kg

#### **Pre-Junior Men:**

39-42 kg, 46, 50, 54, 58, 63, 69, 76, 85, 100, 115, 115-130 kg.

#### **Pre-Junior Women:**

36-38 kg, 40, 43, 46, 49, 52, 56, 60, 65, 70, 80, 80-90 kg.

The weigh-in will be on the day before the competitions in accordance with the Canada Cup schedule.

A tolerance of two (2) kilograms will be allowed.

### AGE RESTRICTIONS

Senior Male and Female: 20 years and older. 18 & 19 (1990 & 1991) can compete with proof of age.

Pre-Jr Male and Female: 15-18 years of age (born in 1991 to 1994)

### ELIGIBILITY AND RULES

The Canada Cup will be run in accordance with 2009 FILA rules.

The Canada Cup of International Wrestling and Training Camp are open to all invited countries provided they are members in good standing with FILA.

Canadian athletes must be sanctioned by their provincial/territorial association in order to participate in this event.

Athletes from the USA must be able to show they are members in good standing with USA Wrestling.

### OFFICIALS

The Canada Cup of International Wrestling will be a FILA control clinic beginning on July 3.

Referees must produce their valid FILA licenses with 2009 stamp.

Canadian nationally rated officials will officiate at the Canada Cup Pre-Junior Invitational.

Referees must produce their valid national credentials.

### MEDICAL EXAMINATIONS

Each Wrestler must undergo a medical examination that will take place on the day before competition.

All delegations must show proof of medical insurance for their stay in Canada.

Delegations unable to provide proof of acceptable medical travel insurance will have it purchased for them at their expense.

### AWARDS

The Organizing Committee will provide awards for the top three placing in each weight class.

Awards will be presented to the Outstanding Canadian and Foreign Wrestler in the Men's and Women's competition.

### CONTACT INFORMATION

#### ***For the competition:***

Correspondence regarding the competition must be sent directly to the Organizing Committee:

#### **2009 Canada Cup Organizing Committee**

c/o The Guelph Wrestling Club  
Dept. of Athletics, University of Guelph  
50 Stone Rd E.  
Guelph, Ontario  
CANADA N1G 2W1

Phone: (519) 824-4120 extension 53405  
Facsimilie: (519) 766-9563  
E-mail: [dcox@uoguelph.ca](mailto:dcox@uoguelph.ca)  
[kevin.christiaens@gmail.com](mailto:kevin.christiaens@gmail.com)

#### ***For the training camp:***

Correspondence/questions regarding the training camp must be sent directly to the Canada Amateur Wrestling Association:

#### **Canadian Amateur Wrestling Association**

Unit 7, 5370 Canotek Road  
Gloucester, Ontario  
CANADA  
K1J 9E6

Phone: (613) 748-5686  
Facsimilie: (613) 748-5756  
E-mail: [ckingsbury@wrestling.ca](mailto:ckingsbury@wrestling.ca)



## CANADA CUP INVITATIONAL SCHEDULE

### THURSDAY, JULY 2, 2009

7:30-9:00am	Breakfast
All Day	Arrival of teams; Training facilities available
12:00-1:30pm	Lunch
6:00-7:00pm	Dinner

### FRIDAY, JULY 3, 2009

7:30-9:00am	Breakfast
All Day	Arrival of Teams Training Facilities Available
12:00-1:30pm	Lunch
1:00-3:00pm	Final Entry Senior and Pre-Jr registration

**Registration will close immediately at 3 pm.  
Late registration is subject to a penalty fee.**

5:00-5:30pm	Medicals
5:30-6:00pm	Weigh-Ins (2 KG Allowance)
6:00-7:30pm	Dinner for Athletes, etc.
6:30-8:30pm	FILA control Clinic
8:00-11:30pm	Hospitality – Team Leaders, Coaches & Officials
9:00-9:30pm	Team Leaders Meeting

### SATURDAY, JULY 4, 2009

7:30-9:00am	Breakfast
9:00-12:00pm	Senior Wrestling Session I
12:00-2:00pm	Lunch
3:00-4:00pm	Final Pre-Jr registration
4:00-5:00pm	Medicals and Weigh-ins (2kg Allowance)
1:00-5:00pm	Senior Wrestling Session II
4:30-6:00pm	Dinner
6:00-8:00pm	Senior Wrestling Session III Finals

### SUNDAY, JULY 5, 2009

7:30-9:00am	Breakfast
9:00-12:00pm	Pre- Jr Wrestling Session I
12:00-2:00pm	Lunch
1:00-5:00pm	Pre- Jr Wrestling Session II
4:30-5:30pm	Dinner
6:00-8:00pm	Pre- Jr Wrestling Session III Finals

## CANADA CUP TRAINING CAMP

### SUNDAY, JULY 5, 2009

1:00-2:00pm	Lunch
2:00-3:00pm	Women's Practice
3:00-4:00pm	Men's Practice
5:00-6:00pm	Dinner
7:30pm	

### MONDAY, JULY 6, 2009

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00pm	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Pre-Jr Practice
4:00-6:00pm	Senior Practice
6:00-8:00pm	Dinner

### TUESDAY, JULY 7, 2009

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Senior Practice
4:00-6:00pm	Pre-Jr Practice
6:00-8:00pm	Dinner

### WEDNESDAY, JULY 8, 2009

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Pre-Jr Practice
4:00-6:00pm	Senior Practice
6:00-8:00pm	Dinner

### THURSDAY, JULY 9, 2009

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Senior Practice
4:00-6:00pm	Pre-Jr Practice
6:00-8:00pm	Dinner

### FRIDAY, JULY 10, 2009

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00pm	Start of team departures

*\* Schedules subject to change.*



# 2009 CANADA CUP SENIOR INVITATIONAL

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## PRELIMINARY ENTRY FORM Senior MEN AND WOMEN

TEAM/CLUB: \_\_\_\_\_.

OFFICIAL: \_\_\_\_\_.  
ATHLETES: \_\_\_\_\_.  
COACHES: \_\_\_\_\_.  
MEDICAL: \_\_\_\_\_.  
REFEREE: \_\_\_\_\_.

TOTAL SIZE OF DELEGATION: \_\_\_\_\_.

PLANNED DATE OF ARRIVAL IN TORONTO: \_\_\_\_\_.

PLANNED DATE OF DEPARTURE FROM TORONTO: \_\_\_\_\_.

NAME OF CONTACT: \_\_\_\_\_.

PHONE NUMBER: \_\_\_\_\_.

E-MAIL ADDRESS: \_\_\_\_\_.

\_\_\_\_\_  
SIGNATURE OF TEAM/CLUB CONTACT

\_\_\_\_\_  
DATE

**PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO [dcox@uoguelph.ca](mailto:dcox@uoguelph.ca) BEFORE May 1<sup>st</sup>, 2009.**



# 2009 CANADA CUP SENIOR INVITATIONAL

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## NOMINATIVE ENTRY FORM – SENIOR MEN AND WOMEN

TEAM/CLUB: \_\_\_\_\_.

ENTRY BY WEIGHT CLASS:

### MEN

55 KG \_\_\_\_\_.

60 KG \_\_\_\_\_.

66 KG \_\_\_\_\_.

74 KG \_\_\_\_\_.

84 KG \_\_\_\_\_.

96 KG \_\_\_\_\_.

120 KG \_\_\_\_\_.

### WOMEN

48 KG \_\_\_\_\_.

51 KG \_\_\_\_\_.

55 KG \_\_\_\_\_.

59 KG \_\_\_\_\_.

63 KG \_\_\_\_\_.

67 KG \_\_\_\_\_.

72 KG \_\_\_\_\_.

TEAM LEADER: \_\_\_\_\_.

COACHES: \_\_\_\_\_.

\_\_\_\_\_.

MEDICAL: \_\_\_\_\_.

REFEREE: \_\_\_\_\_.

OFFICIAL/OTHER: \_\_\_\_\_.

\_\_\_\_\_  
SIGNATURE OF TEAM/CLUB CONTACT

\_\_\_\_\_  
DATE

**PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO [dcox@uoguelph.ca](mailto:dcox@uoguelph.ca) BEFORE JUNE 5<sup>th</sup>, 2009.**



# 2009 CANADA CUP PRE-JUNIOR INVITATIONAL

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## PRELIMINARY ENTRY FORM PRE-JUNIOR MEN AND WOMEN

TEAM/CLUB: \_\_\_\_\_.

OFFICIAL: \_\_\_\_\_.  
ATHLETES: \_\_\_\_\_.  
COACHES: \_\_\_\_\_.  
MEDICAL: \_\_\_\_\_.  
REFEREE: \_\_\_\_\_.

TOTAL SIZE OF DELEGATION: \_\_\_\_\_.

PLANNED DATE OF ARRIVAL IN TORONTO: \_\_\_\_\_.

PLANNED DATE OF DEPARTURE FROM TORONTO: \_\_\_\_\_.

NAME OF CONTACT: \_\_\_\_\_.

PHONE NUMBER: \_\_\_\_\_.

E-MAIL ADDRESS: \_\_\_\_\_.

\_\_\_\_\_  
SIGNATURE OF TEAM/CLUB CONTACT

\_\_\_\_\_  
DATE

**PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO [dcox@uouelph.ca](mailto:dcox@uouelph.ca) BEFORE MAY 1<sup>st</sup>, 2009.**



# 2009 CANADA CUP PRE-JUNIOR INVITATIONAL

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## NOMINATIVE ENTRY FORM – PRE-JUNIOR MEN AND WOMEN

TEAM/CLUB: \_\_\_\_\_.

### ENTRY BY WEIGHT CLASS:

#### MEN

42 KG \_\_\_\_\_.

46 KG \_\_\_\_\_.

50 KG \_\_\_\_\_.

54 KG \_\_\_\_\_.

58 KG \_\_\_\_\_.

63 KG \_\_\_\_\_.

69 KG \_\_\_\_\_.

76 KG \_\_\_\_\_.

85 KG \_\_\_\_\_.

100 KG \_\_\_\_\_.

115 KG \_\_\_\_\_.

130 KG \_\_\_\_\_.

#### WOMEN

38 KG \_\_\_\_\_.

40 KG \_\_\_\_\_.

43 KG \_\_\_\_\_.

46 KG \_\_\_\_\_.

49 KG \_\_\_\_\_.

52 KG \_\_\_\_\_.

56 KG \_\_\_\_\_.

60 KG \_\_\_\_\_.

65 KG \_\_\_\_\_.

70 KG \_\_\_\_\_.

80 KG \_\_\_\_\_.

90 KG \_\_\_\_\_.

TEAM LEADER: \_\_\_\_\_.

COACHES: \_\_\_\_\_.

MEDICAL: \_\_\_\_\_.

REFEREE: \_\_\_\_\_.

OFFICIAL/OTHER: \_\_\_\_\_.

\_\_\_\_\_  
SIGNATURE OF TEAM/CLUB CONTACT

\_\_\_\_\_  
DATE

**PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO [dcox@uoguelph.ca](mailto:dcox@uoguelph.ca) BEFORE JUNE 5<sup>th</sup>, 2009.**